



14 YEAR VISIT

BEGINNING TO PLAN FOR HEALTHCARE TRANSITION

Concord Pediatrics is committed to helping our patients make a smooth transition from pediatric to adult health care. This process involves working with youth, beginning at age 14, and their families to prepare from a “pediatric” model of care, where parents make most decisions to an “adult” model of care where youth take full responsibility for decision-making. This means we will spend time during the visit with the teen without the parent present in order to assist them in setting health priorities and supporting them in becoming more independent in their health care.

At age 18, youth legally become adults. We respect that many of our young adult patients choose to continue to involve their families in health care decisions. Only with the young adult’s consent will we be able to discuss any personal health information with family members. If the youth has a condition that prevents him / her from making health care decisions, we encourage parents/ caregivers to consider options for supported decision-making.

We will collaborate with youth and families regarding the age of transfer to an adult provider. This transfer is to occur upon the completion of school, or at age 22, whichever occurs first. We will assist with this transfer process, including helping to identify an adult provider, sending medical records, and communicating with the adult provider about the unique needs of our patients.

As always, if you have any questions or concerns, please feel free to contact us.

Start to plan for health care transition

Check out resources

Encourage youth (or other caregivers) to assume more responsibility

Maximize opportunities for skill building!

Begin to consider adult health care options

Adapted from: © Got Transition™/Center for Health Care Transition Improvement, 01/2014 ■ Got Transition™ is a program of The National Alliance to Advance Adolescent Health supported by U39MC25729 HRSA/MCHB ■ www.GotTransition.org

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